

LAA *Love Addicts Anonymous*

Meeting Type: Ordinary ODAAT Meeting

Location: [Zoom Link](#)

Date: March 3, 2024

Start time: 10:30 a.m. PST (52 m.)

Attendees: Andrew, Lindsey, Dave, Faedra, ili, Jennifer, Karen, Krista, Lisa, Vincent, & Pamela

ODAAT Service Positions

Chair: Andrew

Secretary: Pamela

Timekeeper: None

- I. Opening Verse:** Moment of Silence followed by the Serenity Prayer
- II. Review & Approval of Prior Minutes:**
 - i.** Pamela screen-shared the meeting minutes from February 3rd for final review and approval. On February 17th, a draft of the minutes was posted on the WAGs for fellowship-wide review. Andrew motioned to approve the minutes and Pamela seconded. Andrew's motion to approve the minutes from February was seconded, and the minutes were adopted.
- III. IBM & Committee Reports:**
 - i. IBM Report** – Katya announced she is stepping out of the role of IBM chair, and Lindsey was nominated as the interim chair.
 - ii. ODAAT (ad hoc) Literature Committee (Pamela)** – Pamela screen-shared a draft of the edited meeting script which reflects several changes proposed by ad hoc committee members. Note that a draft of the edited script was posted to the WAGs on February 3, 2024 for fellowship-wide review and feedback. Edits include organizing the script's content by headings (instead of numerically), minor word changes/repositioning, adding use of the Zoom timer app, and deleting a few sentences that were deemed unnecessary and carried a negative connotation. Pamela looks forward to getting the meeting script approved and turning the ad hoc committee's attention toward developing a host training manual.

- iii. **Safety Committee** (Lisa) – Other than a few personality conflicts occurring here and there, no safety issues were reported.
- iv. **Website Committee** – Effective immediately, Diana will assume the role of webmaster, replacing Mary. We appreciate Mary’s dedication and service in this important role.
- v. **Treasury Committee** – Kendra was voted in as the new treasurer for LAA. Vincent, thank you for your service.

IV. **Discussions & Motions:**

- i. **Meeting Script Updates** (Pamela) – Pamela moved to approve the edited meeting script, which was previously shared with the wider fellowship. Based on the revisions, Pamela feels the script is solid and ready to be approved as updated. Andrew and other members asked questions and made comments regarding some of the proposed changes. Based on the discussion and Andrew’s amendment to leave out the word “violence,” Dave seconded the motion. Thus, the edited meeting script was approved and adopted. Andrew thanked everyone for their contributions in updating the meeting script.
- ii. **ODAAT Meeting Themes** (Lindsey) – Per group conscience, the ODAAT meetings for each day have a running theme (e.g., limerence on Tuesdays, withdrawal on Wednesdays, steps on Fridays). Lindsey stated the host of the Thursday AM meeting changed the theme from the promises to sober dating. Lindsey proposed that the theme of the Thursday AM meeting be changed back to a promises meeting, as this construct is an important aspect of recovery. Members discussed Lindsey’s proposal, offering differing opinions on whether a meeting can be changed arbitrarily. Andrew emphasized there is a difference between the topic of the day versus a specific theme of a recurring meeting. During the business meeting, Ili searched the LAA website, (meetings section), and found a statement indicating that hosts have the autonomy to change a meeting *theme*.

One member mentioned that for the past several weeks, there has been no speaker on Saturday mornings. Lindsey explained that when the host is unable to secure a speaker, the protocol is that hosts share member stories from the basic text or recovery stories found online. Lindsey moved that the existing guideline be revised to prohibit hosts from changing a meeting *theme* arbitrarily, absent a group conscience vote. Andrew seconded Lindsey’s motion, clarifying that hosts still have the option of selecting different *topics* among a wide variety of topics under a specific *theme*. The motion passed with no objections. Andrew noted that the Thursday AM meeting theme of sober dating has not been changed as a result of this vote. Lindsey maintained that sober dating should be restored as a *topic* of the promises meeting *theme*. Ili indicated she would like to see a meeting theme devoted exclusively to self-care.

- iii. **WhatsApp Groups (WAGs)** – Vincent asked that LAA members refrain from gossip and venting personal dissension on the WAGs. Instead, members should approach fellows directly with any disagreements or issues, versus venting on the WAGs. Andrew concurred, reminding members to please be respectful in posting comments on the WAGs.
- iv. **Emotional Sobriety Book Study** – Starting Tuesday, March 12, 2024, Pamela will be hosting a 12-week book study on the topic of emotional sobriety. All LAA members are invited to sign up. Please contact Pamela at: emotional_sobriety@yahoo.com.

V. **Closing:** Andrew adjourned the business meeting with the LAA Closing Prayer:

God,

We pray for inner strength and wisdom

to do together

what we cannot do alone.

Thank you for the courage to change.

Show us how to open our eyes

to your unconditional love for us,

and teach us how to love ourselves and others

in a healthy way.

May we find hope for a brighter tomorrow

and pass that on to others in need.

Thank you for a better way to live.