

LAA *Love Addicts Anonymous*

Meeting Type: Ordinary International Business Meeting (IBM)

Location: [Zoom Link](#)

Date: April 6, 2024

Start time: 8:00 a.m. PST (56 mins.)

Attendees: Lindsey, Andrew, Kendra, Linda, Nicole, Tisha, Anj, & Pamela

IBM Service Positions:

Interim Chair: Lindsey

Secretary: Pamela

Timekeeper: None

I. Opening Verse – Serenity Prayer

II. Approval of IBM Minutes –

- i. Pamela screen-shared the meeting minutes from March 2nd for final review and approval. On or about March 17th, a draft of the minutes was posted on the WAGs for fellowship-wide review. Lindsey motioned to approve the minutes and Pamela seconded. The March IBM minutes were unanimously approved with no objections.

III. Committee Reports

- i. **IBM Chair** (Lindsey) – Last month, Lindsey was nominated and agreed to serve as interim IBM chair for the next two to three months. Tisha has expressed interest in serving as the next IBM chair. Pamela’s commitment as secretary will end in July, and she has tendered three months’ notice of resignation.
- ii. **Website** (Tisha) – LAA welcomes Diana as the new webmaster, replacing Mary. Under Mary’s guidance, Diana has been making updates to the website. Once Diana is fully trained, the committee will look to overhaul the website.
- iii. **Treasurer** (Kendra) – Seventh Tradition donations for March totaled \$117, less Stripe processing fees. An LAA member paid the March Zoom expense as their personal contribution. No banking fees were incurred for the month of March. Beginning and ending account balances for March are shown below:

Month	Transaction	Sum of Amount
March 2024		
	Opening Balance	\$2,279.21
	Stripe Donations	\$117.00
	Stripe Processing Fees	-\$6.56
March 2024 Total		\$110.44
BANK BALANCE		\$2,385.10
Pending Stripe Payout to Bank		\$4.55

LAA 7th Tradition balance as of March 31st, 2024. All funds are listed in USD.

- iv. **LAA Literature Committee** (Tisha) – The LAA literature committee met last month to discuss the LAA Basic Text and Step Guide. Members also discussed possible changes to the opening meeting literature. Tisha invites representatives from our international community (e.g., South Africa, Russia, Iran, and the Christian groups), to join the literature committee and add their perspectives.
- v. **Identity** (Kendra) – No report.
- vi. **International Fellowships** (ODAAT, South Africa, Russia, LAA for Christian meetings, Sunday Step Study) – Linda reported that both LAA for Christians meetings are held on Mondays and Fridays. (The women’s meeting is held on Fridays.) Weekly attendance at these meetings ranges from 12 to 25 participants. No changes to report. Linda encouraged anyone who has an interest in starting a new meeting to feel free to do so.
- vii. **ODAAT ad hoc Literature Committee** (Pamela) – The ODAAT ad hoc literature committee met last month to discuss plans for developing an ODAAT host training manual. Based on feedback and recommendations, Pamela has drafted and will post a detailed outline of the manual’s contents on the service WAG. Pamela invites experienced meeting hosts who have an interest in developing a host training manual to take part by offering suggestions and assisting in drafting the document. Lindsey offered her assistance and support.
- viii. **ODAAT Business** (Andrew) – Last month, ODAAT adopted the revised meeting script. Safety issues concerning the WAGs were discussed.
- ix. **Safety Committee** (Tisha) – Other than a few personality conflicts, there are no safety violations to report.

IV. Discussions & Motions

- i. **Upcoming Service Positions** – In August, the secretary position will become available. Pamela is actively recruiting potential candidates. Lindsey has been acting as the interim IBM Chair and plans to do so for the next couple of months. Tisha indicated she is willing to serve in this capacity. Andrew nominated Tisha as the next IBM chair and Linda seconded. No one opposed Andrew’s nomination; thus, Tisha was voted to serve as the next IBM chair. Lindsey and Tisha will confer to coordinate the transition.
- ii. **LAA Literature Updates** – A member posed a question about the LAA literature and asked what changes are being proposed. Tisha responded that the committee is tasked with updating the opening meeting literature as well as to make recommendations to update and expand LAA’s reading list. Andrew suggested adding anorexia to the list of typical kinds of love addicts. Tisha confirmed that the LAA literature committee plans to add anorexia/avoidance to the list, which will enlarge our understanding of love addiction.

Regarding the definition of recovery, as reflected in the opening literature, members discussed two sentences that have recently come under debate: a) “monogamy and recovery are synonymous,” and b) “we put an end to all triangles.” Members expressed differing opinions on these statements. For instance, Andrew opined that having multiple, noncommittal relationships is *not* recovery. He added that the monogamy/recovery statement is a “life-saving sentence,” adding, “If it ain’t broke, don’t fix it.” Tisha offered that just because a recommendation is made does not mean it will automatically be adopted. In reviewing the literature, Tisha assured that the committee will carefully examine the underlying intent or motivation of any proposed changes.

After further discussion, Lindsey reminded members of Tradition I: “Our common welfare should come first,” as well as the recovery adage, “Take what you like and leave the rest.” With that, Tisha moved to protect and preserve the recovery language found in the opening readings from any substantive changes. Specifically, the following statements will not change: “We put an end to all triangles,” and “Monogamy and recovery are synonymous.” Andrew seconded, none opposed. Thus, Tisha’s motion to preserve and protect the aforementioned recovery language in the opening literature was adopted.

- iii. **Approved vs. Non-Approved Literature** – Lindsey raised the question of what is meant by “non-approved” literature, as this term appears to carry a negative connotation. Her understanding of “non-approved” literature is that these resources are non-LAA copyrighted books that members can access. This term, however, was not meant to suggest that “non-approved” literature is somehow unacceptable or unhelpful in some way. Linda agreed it is important to clarify the difference between “approved” and “non-approved literature.” To clear up any confusion, Andrew proposed that the website be updated with terms such as

“other” or “recommended” resources. Accordingly, Andrew moved to replace the heading “non-approved literature” with “other helpful resources.” Tisha seconded and none opposed. Thus, Andrew’s motion passed with no objections. Tisha suggested the LAA literature committee review and clean up the list of resources by removing anything deemed outdated or obsolete, per group conscience.

- V. **Closing Prayer** – The meeting was adjourned at 9:00 A.M. PST with the LAA Closing Prayer:

LAA Closing Prayer

*We pray for inner strength and wisdom
to do together
what we cannot do alone.*

Thank you for the courage to change.

*Show us how to open our eyes
to your unconditional love for us,
and teach us how to love ourselves and others
in a healthy way.*

*May we find hope for a brighter tomorrow
and pass that on to others in need.*

Thank you for a better way to live.