LAA *Love Addicts Anonymous*

Meeting Type: ODAAT Business Meeting
Location: **Zoom Link**
Date: January 4, 2025
Start time: 10:30 a.m. PST
Attendees: Chris E., Bianca, Candy, Jennifer, Johanna, Sandy, Zuzana, etc.
ODAAT Service Positions
Chair: Chris
Secretary: Sandy (acting Secretary this month)
Timekeeper: None

1. Opening Prayer – Serenity Prayer

2. Meeting Coordinator Report
   a. Johanna reported that ALL host slots are filled! We are still looking for a few cohosts.
   b. Johanna shared her number in the chat for those interested in cohost training.

3. Continued discussion of After Hours Issue: participants talking too much, monopolizing room
   a. We're in recovery, we're not perfect, some of us are going to talk too much.
      i. This may self-regulate as recovery progresses.
   b. We're in recovery, we're not perfect, many hosts are going to have a hard time setting boundaries.
      i. This may self-regulate as recovery progresses.
      ii. Suggestion – host could have participants raise hands to organize sharing.
         1. Some may be impatient and divert to chat, distracting.
      iii. Suggestion – redirect with, "Maybe this is better for an offline conversation, you could exchange phone numbers." This is a kind way to ask people to stop talking.
   c. CONCLUSION: No compelling reason to change anything, we'll just raise awareness. Hosts should be mindful of their responsibility to try to manage it a little.

4. Continued discussion of meeting topics. Someone last month had proposed adding new topics, but we didn't discuss that since that person wasn't at the meeting. CONCLUSION: Repetition brings enlightenment.

5. New business:
    a. Someone in the Service WAG expressed concern that people curse too much in meetings. Some people are very triggered by cursing. Those present seemed to think the cursing in meetings has not been excessive. We think our reminder to be mindful about excessive cursing is helpful and sufficient. Again, hosts should stay aware of this as a potential issue.

6. Closing Prayer - Serenity Prayer