

# **LAA** *Love Addicts Anonymous*

**Meeting Type:** ODAAT Business Meeting

**Location:** Zoom Link

**Date:** November 2, 2024

**Start time:** 10:30 a.m. PST

**Attendees:** Chris, Megha, Homa, Rich, Johanna, Rien, [TBD], [TBD]

**ODAAT Service Positions**

**Chair:** Chris

**Secretary:** None

**Timekeeper:** None

## **I. Discussions & Motions**

### 1. Requirements for the Host Coordinator

The group voted unanimously to:

- Allow a morning and an evening coordinator.
- Update the requirements for the host coordinator/alternate as follows (changes in bold):

ODAAT Host Coordinator/Alternate Requirements:

- At least six months of active involvement in the LAA program (e.g., regular meeting attendance, sharing, timekeeping).
- Willingness to train new hosts **or organize trainings** as needed.
- Willingness to coordinate hosts **for all morning or evening ODAAT meetings**.
- Willingness to attend monthly **ODAAT business meetings**.
- Attend LAA safety training and abide by all safety guidelines.
- Be available to work with others to solve problems and propose changes at business meetings.
- Willingness to join and be active on the “**ODAAT Service**” and “**LAA ODAAT Business**” WhatsApp groups.
- One-year service commitment with an option to renew.
- Resignation protocol: Three months’ notice.

### 2. Open Service Positions

Current open positions include:

- ODAAT Chair
- ODAAT Secretary
- Host Coordinator for evening meetings
- Several host/co-host positions

Resolution:

- Johanna volunteered to take the position of Host Coordinator for the ODAAT morning meetings. This was unanimously accepted.

### 3. Safety Concerns Regarding ODAAT Meetings

Issues discussed:

- After-hours guidelines are not always respected (e.g., one-on-one discussions, disrespectful behavior, political discussions).
- Untrained co-hosts frequently fail to mute participants or leave attendees waiting too long in the waiting room (5+ minutes).

Proposed solutions:

- Only pass after-hours hosting responsibilities to trained hosts.
- Ensure after-hours hosts are trained, present, and ready to intervene as necessary.
- Limit after-hours sessions to 60 minutes (as problems tend to occur during extended sessions).
- Assign only trained co-hosts.
- Increase the frequency of host/co-host training sessions.

Next Steps:

The discussion was tabled for the next business meeting.

## **II. Future ODAAT Business Meetings**

Chris volunteered to chair the ODAAT Business Meetings for November and December 2024.

## **III. Closing**

Chris adjourned the meeting with the Serenity Prayer.