



# International Business Meeting (IBM) AGENDA

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**November 3rd, 2024**

8 am pst/11 am est

Zoom: 2764161378 ID: LAA12STEP

## **I. Opening Prayer**

- a. Modified Serenity Prayer

**Attendees:** Tisha, Dominic M., Riena, Brittany C., "P," "C.S." Megha, Sandy, Miriam

**Chair:** Tisha

**Secretary:** Kerry

## **II. Call to Order – IBM Chairperson**

Tisha served as host, began with prayer, and called meeting to order.

## **III. Approval of IBM Minutes**

Kerry shared the minutes from the October meeting. Motion to approve, all approved

## **IV. Treasurer's Report - Kendra was unable to make the meeting; no report**

## **V. Committee Reports:**

### a. Website

- i. video hosting- issue of copywriting may prevent us from moving forward, but Dominic will explore more. Links can at least be posted, hopefully, or added to a shared Google Drive.
- ii. original admin - Dominic giving them full access to the full control panel; Treasurer also given access
  1. There is one credential to access the host, used by both Dominic and the admin member (just in case)
- iii. Question asked about updating website to be more user-friendly and more diverse aesthetically. Dominic not sure who the point-person would be for this. Tisha recommended starting with Admin for guidance.

### b. LAA Literature

- i. Still has not met. Challenging to schedule.
- ii. Proposed replacement for Promise 9; will be circulated for

feedback in the WAG; after feedback, a meeting will take place to finalize, before coming to IBM for approval

- c. Safety
  - i. Dominic shared a few issues. Safety committee discussed a solution for said issue and they are finalizing their response.
  - ii. A member had been making other members feel uncomfortable; Dominic reached out to this person to ask him to be more careful about what he says
  - iii. Safety guidelines document might have room for improvement - this has not been uploaded to the website
  - iv. P thinks IBM might handle safety issues in the future once this document has been finalized; close safety committee (with safety email still being used)
  - v. Action item- Tisha will find previous meeting minutes to see what happened the last time that proposal was brought up (it was at least 3 months ago...June? July?)
- d. In-Person committee
  - i. there are a few people in that committee; discussion of document to guide how to set up an in-person meeting; still room on that committee - directly email Tisha if interested

## **VI. International Fellowship Reports**

- a. ODAAT
  - i. No report
- b. South Africa
  - i. No report because they have disbanded
  - ii. Tisha question - How do people who were active in this fellowship to reach out to others who are/were also part of this fellowship? P doesn't believe anyone is active in South Africa fellowship (although wayward queries are handled through LAA website)
- c. Russia
  - i. No member present
  - ii. P wonders what is happening - doesn't feel there has been transparency. Tisha feels revamping the website will help with this. She believes they're working to better understand the LAA traditions, so doing traditions workshops. They occasionally reach out with questions that are getting answered.
- d. Christian

- i. No members present, but Linda had messaged prior to the meeting saying things are going well with good attendance.
  - ii. interested in modification of their script accounting for cross-talk.
- e. Sunday Step Study
  - i. Riena has tried to attend twice and says no meetings are taking place; no one was there the first time; some people were coming in and out the second time.
  - ii. We need to ensure we're not listing meetings on the website that are inactive
- f. LAA/ACA Hybrid
  - i. No report
- g. Saturday West Coast LAA
  - i. No report (virtual meeting Saturdays at 3:15 PST)

## **VII. Old Business**

- a. Video Library
  - i. Copywriting - Dominic emailed 3 members (old web master included) that respond to emails on the website. Our hosting website may complain if we post videos due to copywriting.
  - ii. Dominic had wondered if a document with video links can be posted to the website or if the videos could be uploaded to a Google Drive. Not sure how copywriting factors in.
  - iii. Tisha wonders why copywriting would be a factor if we're just posting the hyperlinks. Dominic thinks links would be okay; he had been pursuing uploading the videos to the website.
  - iv. If they're uploaded to an unlisted YouTube channel and the link to that is posted on the website, could work (according to Riena)
  - v. Dominic will continue to look into options. December IBM he will come with a recommendation
- b. Open Service Positions
  - ODATT Secretary
  - ODAAT Chair
  - ODATT New Treasurer and Assistant Treasurer
    - Request to announce this during LAA announcements in meetings; can reach out to Kendra or Tisha for more info.
  - Service requirement document will be reposted in the WAGs and Dominic will add to website

## **VIII. New Business**

- a. Post to WAG or reach out to Tisha directly to get something added to IBM agenda
- b. CS reports that during after hours, some discussion may be a safety issue. Anxious attachment people often complain about avoidant attachers, “ganging up” on avoidants. CS has experienced this multiple times in after hours. (She doesn’t recall which day of the week.) Hopes that “I” statements can be used and more non-judgemental language.
  - i. Additional host training needed, and a regular host. (Motion had been passed that if there is a host that can't host for 3 consecutive meetings, those meetings will be paused)
  - ii. There are guidelines for after hours that we need to make sure are happening to keep everyone safe. Host script says “when sharing, using I statements are encouraged.” Could reiterate in afterhours or redirect people not using I statements.
  - iii. Tisha will follow up with hosts. CS will try to let her know what day of the week these meetings are happening.
- c. CS concern re: Christian fellowship. Spiritual bypassing of the work that needs to be done. In the Christian meetings, scripture is being used for escape - everything will be taken care of by God. Can also turn into an addiction (substituting one addiction for another) that perpetuates avoiding own issues.
- d. Tisha suggests CS brings this up at the next Christian business meeting and WAG. (If the person has no WAG → reach out to Tisha directly so that this can be put on the agenda for their business meeting)

## **IX. Meeting Adjournment – IBM Chairperson**

- a. Motion to adjourn 12:01am (9:01) am Pacific Time)

## **X. No time for closing prayer - encouraged 9am attendees to attend IBMs**

**No host for 3 meetings - meetings will be put on hold**

**Item D - there is a WAG (if the person wasn't a part of the wag- there is a wag)**