LAA Love Addicts Anonymous

Meeting Type: LAA International Business Meeting

Location: Zoom Link

Date: Mar 1st, 2025

Start Time: 11:00am (EST)

Attendees: Chris, Oskar, Vincent, Pooja, Riena, and Dominic

ODAAT Service Positions

Chair: Chris Treasurer: Riena Note taker: Dominic

- 1. **Opening Verse:** Serenity Prayer
- 2. Agenda: Chris shares screen to share the IBM notes from the last month. Approval of IBM minutes have been motioned by Dominic and seconded by Chris. Chris shares screen for the Agenda.
- 3. **Treasurer:** Riena has January's treasurers report. No access to the bank account yet but confirms current account is \$3,500. Riena confirms that the bank can use the LAA IBM minutes. Riena mentioned that Kendra (departing LAA treasurer) needed Riena to be a co-authorizer, show up in person at the bank. Riena has an assistant to help with LAA treasurer and was also asked to be at the LAA IBM, but was not able to attend. Riena confirms that she has access to both Zoom business accounts, one for ODAAT use and another for LAA service committee use. Vincent also confirms that there are two Zoom business accounts. Pooja confirms the use of the second Zoom business account for LAA committee meetings as well.

4. International Fellowship Reports

- a. ODAAT Chris the current chair/host and reports that we are having meetings and everything is fine. Almost all of the LAA meetings are filled with hosts and cohosts. Johanna is doing a great job as the meeting coordinator. ODAAT Business meeting happening and will also discuss the different zoom account for business meetings.
- b. Christian Dominic mentions that the co-ed Christian meetings are going well.
- c. LAA/ACA Hybrid Vincent mentions that the meetings are very active. Katya is the host and meets once a week on Wednesday. Pooja also mentions that there are 25-30 members, active, and will decide on when the next cycle of the steps in about a month or two.
- d. Saturday West Coast LAA– Vincent mentions it was well attended, 15 members, one hour and 15 minutes.
- e. Russian Fellowship Oskar represents the LAA Russian speaking fellowship and reports that each group was asked to vote and decide on what literature they prefer to use. All groups decided to use the Big book of LAA, the same material that is available on our LAA American website. At this time, no Russian group has been removed from our

LAA Russian website. As for the second team of LAA Russian fellowship (new Russianspeaking Intergroup/RSIG), we have no information from them. We remain committed to our mission, committed to service to our Russian speaking LAA fellowship.

5. Committee Reports

- a. LAA Website Dominic mentions that many video links have been collected that we are trying to put together. The committee has 5 members.
- b. LAA Literature No updates
- c. LAA In-person meeting No updates
- d. LAA Safety Pooja mentions that there are some cases that are brought up and now it is running smoothly. Nothing to report. Chris asks who monitors and receives the LAA safety committee emails. Pooja mentions that Tisha monitors the email. Dominic mentions that he has access to it as well and working ok. Vincent asks for clarification on the role of the LAA safety committee. Pooja mentioned the creation of the LAA safety guidelines and handling any safety issues brought up, how safety might be comprised. We direct the members to required admins, for example an ODAAT host. If a WhatsApp concern, it will go to the WhatsApp admins. We collectively discuss and come to a resolution to whomever has issued the complaint.

6. Discussions

a. IBM New Meeting Time (Vincent) – Vincent mentions that the last couple IBM's were rushed since there is a ODAAT meeting following. Vincent is concerned that there isn't enough time for the meeting. Vincent mentions that he is a member of other fellowships and there business meetings are an hour and can be extended for another 30 minutes. Vincent mentions in other fellowships they have a one hour business meeting and if they don't get everything discussed then they meet two-weeks later. Vincent is aware that there is little on the LAA IBM agenda for this meeting and he is aware that this looks redundant right now but still wanted to raise this concern. Vincent mentions that in the last two LAA IBM's that we were rushed for time. Vincent wanted to see how others felt and that is all he wanted to say at this point. Chris asked if anyone has anything they wanted to share on this topic. Pooja mentioned that her experience on committee meetings and business meetings that one hour is sufficient. Pooja mentions that the last meetings there were rare issues discussed such as the issues raised in the LAA Russian fellowships. There was an interim LAA IBM meeting of LAA Russia concerns to discuss this topic as well, which was helpful. Pooja mentions in her opinion that more than one hour is too long and half an hour is too short, in her attendance of previous LAA IBM's attended. Chris asks if there are any others who wanted to share their thoughts on this topic. Chris mentioned that we monitor this and see if there are any strong feelings from other members on this topic. Chris mentioned last month that the concerns from the Russian fellowship takes a lot of time. Oskar mentioned that we did take a lot of time and attention. Chris asks Vincent if he is OK with this and if we can monitor this concern. Vincent mentions that the LAA IBM in December 2024 was canceled and when we met in January, we didn't meet in two months, and mentions that there was a lot of things talk about. Vincent finds that the IBM meetings feel rushed and there was some IBM agenda items that we didn't get to talk about and were pushed back another month. Under these circumstances, we had a backlog of business. Vincent mentioned that he posted this time issue on the WhatsApp Group but recognizes that there wasn't much comments on it. Vincent sees that at this time is willing to let it go and just monitor it. Chris agrees and asks if there is any new items that anyone wants to discuss. Pooja wanted to introduce a

point about making announcements about the open LAA service committee position openings. There are literature and safety committees. If anyone is interested, they can join. LAA Literature committee is something we can still focus on. Right now, there are a few LAA committee members who are involved in multiple committees, and it is great way so others who are interested could help in the spirit of fellowship. Chris asked for a motion to adjourn the LAA IBM meeting. Vincent motions that we adjourn. Chris seconds the motion.

7. **Closing:** Serenity Prayer ("we" version)- God, grant us the serenity to accept the things we cannot change. The courage to change the things we can. And the wisdom to know the difference.