



International Business Meeting (IBM) AGENDA

May 3rd, 2025

8 am pst/11 am est

Zoom: 2764161378 ID: LAA12STEP

I. Opening Prayer

- a. Modified Serenity Prayer

Attendees: Tisha, Dominic, Josh, Jennifer, Chris, MD, Johanna, Maria, Kristen, Nicole, Megha, Pooja, MJ, Lisa, Adil

Chair: Tisha

Secretary: Kerry

II. Call to Order – Opening Set Aside Prayer

Tisha served as host, began with prayer, and called meeting to order.

III. Approval of IBM Minutes - Kerry shared minutes. One change made

(clarifying wording). Minutes will be reshared in WAG.

IV. Treasurer's Report - (skipped- treasurer not present)

V. International Fellowship Reports

a. ODAAT

- i. Chris shares - meetings seem to be going well

b. Christian

- i. Dominc shares - - Coed meeting is going well. Tisha reports that Friday women's meeting is well attended. Pooja echos.

c. LAA/ACA Hybrid

- i. Pooja reports - Meeting has completed one cycle of 12 steps. Talking about starting it over again. Hybrid meeting has fluctuating attendance but it's a great meeting.

d. Saturday West Coast LAA

- i. Kristen hosts Saturdays. Pooja reports that this is a weekly meeting and it is happening on a regular basis. 15ish people each meeting. Offer of support has been extended if needed.

- Link seems to be correct, functioning appropriately.
- ii. Dominic tried to attend the meeting. After clicking on link, waited in waiting room for acceptance for 10 minutes
- iii. Pooja- believes this was just a fluke meeting
- e. Russia
 - i. MD reports. Situation is still the same. There are old minutes somewhere (not sure what meeting) with Russian-speaking fellowship feedback that MD encourages us to check out. Some questions remain about literature.

VI. Committee Reports

- a. Website
 - i. Video Library
 - 1. Dominic reports. Video library is password protected. Contains links. In the process of putting links in table format. Will be on LAA website and open to anyone who wishes to see a video outside of meeting. Will be divided into categories.
- b. Literature
 - i. Promise 9 Reading - Several months ago it was recommended by lit. committee that we change the reading. "I can leave anyone who is abusing me." Previous reading spoke only of physical abuse. Desire to include different types of abuse.
 - 1. Pooja clarifies "I can leave anyone who is abusing me either physically or verbally." Sexual, financial, emotional abuse...Generic, broad wording may help someone who feels abused in any way connect to reading.
 - 2. Chris - feels it feels more like a therapy worksheet, missing the point of a promise. (What we should *do* rather than what it feels like *spiritually*.) Behavior management seems to be prioritized over spiritual program. Reads like safety guide and blurs the relationship between 12 steps and therapy; could be a risk if people view this as therapeutic advice. Chris is not part of literature committee.
 - 3. Dominic responds - perhaps a disclaimer would be useful to ensure no one over-relies on what they believe to be LAA advice.

4. Pooja suggests getting more feedback to see what the next steps should be. Stepping away from emotions might be helpful.
 5. Lisa comments - "take what you like and leave the rest" perhaps covers Chris's concern. This is sort of a disclaimer, and Lisa is not aware of any legal issue surfacing because of people believing literature is therapeutic advice.
 6. Jennifer thinks giving specific therapeutic advice does feel risky and inappropriate.
 7. Josh - What works for each person is what's important. "This is what worked for me" rather than "This is what will work for you."
 8. Motion from Tisha to kick it back to the literature committee for additional review. Then it will come back to IBM. Seconded by Pooja. 9 in favor. None opposed.
 9. Pooja likes idea of shifting to first person perspective in article.
- ii. Patterns of love addiction - has been shared in lit. committee and IBM. Does not include avoidant and anorexic patterns. Committee was asked about including these. Tisha moves, seconded by Pooja
1. Chris - It comes across like a behavior checklist. We're not managing symptoms; we're striving for spiritual transformation. Tone is not quite as experienced-based as he would prefer. Clarifying - are we wanting this to be official LAA literature? Tisa clarifies. Worked on in the first iteration of the literature committee. (This is the third version of the doc that she is aware of.) We can decide how we want to use it.
 2. Pooja- In 2023 this point was officially raised in IBM. Idea was that similar format - what addiction looks like in CODA vs. LAA. There was a lot of interest in this back in 2023. It was designed to be efficient. A need for more detail had been identified.
 3. Dominic- Connection with HP = #1 priority. Reinforces the importance of spirituality connection.
 4. Pooja- what it looks like/what it doesn't look like with a roadmap is helpful.
 5. Chirs clarifies that this isn't to replace our definition of

recovery.

6. Motion to kick it back to literature committee. 10 in favor. None opposed. Motion carries.

VII. New Business

a. Spanish Language

- i. Native Spanish speakers would like opening readings available in Spanish so that Spanish-speaking meetings could be held. This will be revisited next time.

b. BIPOC LAA Meeting

- i. Adil - Black, Asian, Pacific-Islander, People of Color, Indigenous meeting. It would be more comfortable to discuss certain things honestly with a BIPOC meeting. Found some SLAA literature relating to BIPOC. Wants once a week meeting and needs to set up a Zoom meeting. Adil is finding good literature to be used. Also wanted help setting up a WAG for this group.
 1. Tisha wonders if this is a stand-alone meeting. Is the request for there to be a stand-alone Zoom room for this meeting? When would we start?
- ii. Adil - wants to start ASAP but has not selected a time. Will be able to let Tisha know in the next 2ish weeks.
 1. Tabled for now. Adil will further explore the benefits of a stand-alone Zoom room. WAG can be created with permission.
- iii. Pooja - Southeast Asia times make it difficult for some to attend meetings.
- iv. Chris - BIPOC centered should not include any political language; focus should be on recovery. Should be open to everyone.

VIII. Meeting Adjournment – IBM Chairperson

- a. Motion to adjourn 12:00am (9:00) am Pacific Time)

IX. Closing prayer - 3rd Step Prayer